



Covid-19 Self-Screening Checklist

Each participant must self-screen prior to arrival at training to ensure they do not have any of the following symptoms or conditions (confirmed by a parent for those under age 18), as these are potential indicators of Covid-19 infection.	Check negative	Check positive
A high temperature (above 37.8°C)		
A new continuous cough		
Shortness of breath		
A sore throat		
Loss of or change in normal sense of taste or smell		
Feeling generally unwell		
Persistent Tiredness		
Been in close contact with/living with a suspected or confirmed case of Covid-19 in the previous two weeks		
Returned from an area which requires a quarantine period according to government guidance		
Is the player fit to train/play?		

Note: by participating in the session you agree that the club may pass on contact details as required to support the NHS Test and Trace system.